






July



All Meals Served with Milk

Suggested Donation: \$4.25

Menus Subject To Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	All donations directly support this program. Please donate what you can comfortably afford. Thank you	1 Hot Dog on Bun Potato Salad Succotash Pineapple Cup	2 Sloppy Joe on Bun Macaroni & Cheese Mixed Vegetables Applesauce	3 Cabbage Burger Casserole Mashed Potatoes Peas Bread/Marg. Spiced Peaches	4 CLOSED Happy July 4th	5 
6	7 Bourbon Chicken Mashed Sweet Potato Cauliflower Dinner Roll/ Marg. Cinnamon Applesauce	8 Turkey Tetrzzini Green Beans Garlic Bread Fig Newton	9 Breaded Chicken Scalloped Potatoes Stewed Tom. & Zucch. Wheat Bread/Marg. Oreo Cookie	10 Philly Cheesesteak on Bun Garlic Mashers Creamed Corn Mandarin Oranges	11 Stuffed Baked Potato w/Chz & Taco meat Broccoli Breadstick Tropical Fruit Cup	12
13 	14 Maple Pork Chops Sweet Potatoes Green Beans Dinner Roll/Marg. Fruit Cup	15 Chicken Salad Sliders Roasted Penne Pasta Salad Kale Salad Angel Food Cake	16 Sweet & Sour Meatballs Rice Pilaf Asian Vegetable Blend Wheat Bread/Marg. Pineapple Cup	17 Chicken Penne Pasta w/Spinach Broccoli Ciabatta Roll/marg. Pear Cup	18 Country Fried Steak Garlic Mashed Pot. Cali. Blend Veg. Bread/Marg. Pudding Cup	19 
20	21 Polish Sausage w/bun Mashed Potatoes Sauerkraut Applesauce	22 Meatloaf Baby Bakers Seasoned Green Beans Peach Cup Dinner Roll/Marg.	23 Turkey Sausage Patty Scrambled Eggs English Muffin O'Brien Potatoes Banana & Yogurt	24 BBQ Chicken Baked Beans Corn Wheat Bread/Marg. Pudding Cup	25 Potato Crusted Fish Mashed Potatoes Brussel's Sprouts Bread/Marg. Mandarin Oranges	26
27	28 Vegetable Soup Tuna Salad Slider Spiced Peaches Cottage Cheese	29 Lasagna Bake w/Sausage Italian Green Beans Warm Spiced Apples Garlic Bread	30 BBQ Riblet on Bun Red Skin Potatoes Spinach Fresh Orange	31 Chef Salad w/Turk.Ham Cheese and Boiled Egg Diced Tom. and Ranch Pickled Beets Club Crackers Jello	Your donation counts. Even small donations make a big difference. We provide over 160,000 meals each year to seniors.	

Wasted meals are costly. Please, if you cannot make it for any reason, please call to cancel.

