

Welcome SEPTEMBER



All Meals Served with Milk

Suggested Donation: \$4.50

Menus Subject To Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Closed for Holiday LABOR DAY 	2 Meatloaf Baby Bakers Seasoned Green Beans Dinner Roll/Marg. Peach Cup	3 CLOSED	4 BBQ Chicken Baked Beans Corn Wheat Bread/Marg. Pudding Cup	5 Potato Crusted Fish Mashed Potatoes Brussel's Sprouts Wheat Bread/Marg. Mandarin Oranges	6
7 	8 Vegetable Soup Tuna Salad Slider Spiced Peaches Cottage Cheese	9 Lasagna Bake w/Sausage Italian Green Beans Warm Spiced Apples Garlic Bread	10 BBQ Riblet on Bun Red Skin Potatoes Spinach Fresh Orange	11 Chef Salad w/Turk. Ham Cheese and Boiled Egg Diced Tom. and Ranch Pickled Beets Club Crackers Jello	12 Broccoli Cheddar Chix & Rice Casserole Buttered Carrots Wheat Bread/Marg. Tropical Fruit Cup	13
14	15 Deli Turkey/Hoagie Bun American Cheese and Mayo & Pickles Macaroni Salad Coleslaw Berry Applesauce	16 Chicken w/ Creamy Garlic Sauce Baby Bakers Asparagus Wheat Bread/Marg. Mixed Fruit Cup	17 Hamburger on Bun Baked Beans Roasted Summer Squash Jello	18 Fire Braised Chicken Breast Garlic Mashers Maple Roasted Beets Wheat Bread/Marg. Brownie	19 Sausage Gravy over Biscuit Scrambled Eggs Roasted Rosemary Potatoes Fresh Fruit	20 
21	22 French Onion Chicken Baby Bakers Parisian Carrots Wheat Bread/Marg. Cookies	23 Hot Dog on a Bun Potato Salad Succotash Pineapple Cup Milk	24 Sloppy Joe on Bun Macaroni & Cheese Mixed Vegetables Applesauce	25 Cabbage Burger Casserole Mashed Potatoes Peas Wheat Bread/Marg. Spiced Peaches	26 Chix Chipotle Bowl w/ Diced Tom, Rice, Ranch Tortilla Chips Fiesta Corn Pineapple Cup	27
28 	29 Bourbon Chicken Mashed Sweet Pot. Cauliflower Dinner Roll/ Marg. Cinnamon Applesauce	30 Turkey Tetrzzini Green Beans Garlic Bread Fig Newton		All donations directly support this program. Please donate what you can comfortably afford. Thank you.	Your donation counts. Even small donations make a big difference. We provide over 160,000 meals each year to seniors.	30 

Wasted meals are costly. Please, if you cannot make it for any reason, please call to cancel.