





goodbye July, hello
AUGUST



All Meals Served with Milk

Suggested Donation: \$4.25

Menus Subject To Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Your donation counts. Even small donations make a big difference. We provide over 160,000 meals each year to seniors	All donations directly support this program. Please donate what you can comfortably afford. Thank you.			1 Broc. Cheddar Chicken and Rice Casserole Buttered Carrots Wheat Bread/Marg. Tropical Fruit Cup	2 
3	4 Deli Turkey/Hoagie Bun Cheese and Mayo Pickles Macaroni Salad Coleslaw Berry Applesauce	5 Chicken w/ Creamy Garlic Sauce Baby Bakers Asparagus Wheat Bread/Marg. Mixed Fruit Cup	6 Hamburger on Bun Baked Beans Roasted Summer Squash Jello	7 Fire Braised Chix Breast Garlic Mashers Maple Roaste cxd Beets Wheat Bread/Marg.	8 Sausage Gravy over Biscuit Scrambled Eggs Roasted Rosemary Potatoes Fresh Fruit	9
10 	11 French Onion Chicken Baby Bakers Parisian Carrots Wheat Bread/Marg. Cookies	12 Hot Dog on Bun Potato Salad Succotash Pineapple Cup	13 Sloppy Joe on Bun Macaroni & Cheese Mixed Vegetables Applesauce	14 Green Pepper Burger Casserole Mashed Potatoes Peas Wheat Bread/Marg. Spiced Peaches	15 Chicken Chipolte Bowl w/ Tomato, Rice, Ranch Tortilla Chips Fiesta Corn Pineapple Cup	16 
17	18 Bourbon Chicken Mashed Sweet Pot. Cauliflower Dinner Roll/ Marg. Cinnamon Applesauce	19 Turkey Tetrzzini Green Beans Garlic Bread Fig Newton	20 Breaded Chicken Scalloped Potatoes Stewed Tom & Zucch. Wheat Bread/Marg. Oreo Cookie	21 Philly Cheesesteak on Bun Garlic Mashers Creamed Corn Mandarin Oranges	22 Stuffed Baked Potato w/Chz & Taco meat Broccoli Breadstick Tropical Fruit Cup	23
24/31	25 Maple Pork Chops Sweet Potatoes Green Beans Dinner Roll/Marg. Fruit Cup	26 Chicken Salad Sliders Roasted Penne Pasta Salad Kale Salad Angel Food Cake	27 Sweet & Sour Meatballs Rice Pilaf Asian Vegetable Blend Wheat Bread/Marg. Pineapple Cup	28 Chicken Penne Pasta w/Spinach Broccoli Ciabatta Roll/marg. Pear Cup	29 Country Fried Steak Garlic Mashed Pot. Cali. Blend Veg. Wheat Bread/Marg. Pudding Cup	30 

Wasted meals are costly. Please, if you cannot make it for any reason, please call to cancel.

